

## Our Community Awaits

Our goal is to help residents stay active and involved, while supporting independence for as long as possible. Whether you are a senior looking for a short-term stay or you would like to settle down with us for good, we offer a wide range of services to manage the challenges and promote the joy of living.



# Activites of Daily Living

We offer a variety of care options to suit your specific needs. From our Satisfaction Guaranteed to our brand new Professional Approach, there are tons of amenities specially designed for senior citizens to enjoy and benefit from.

# Up & About Care Assisted Living



www.aboutcare.biz

# **Up & About Care**

## A Maryland Licensed **Assisted Living Facility**





443-915-4313

### Start Planning Now

We understand the importance of collaborating with your healthcare professionals to work alongside our clients to ensure they receive the best care possible. Our thoughtful and personalized approach means we are fully committed to the health and well-being of all my clients.



info@aboutcare.com



2902 Lyndhurst Avenue Baltimore Maryland 21216.

Up & About Care

offers the best

**Assisted Living** 

Services in Baltimore City. customizable living options provide

a full range of

services to

accommodate everyone. Qualified staff is available 24hours a day, 7-days a

week to attend to all our community

members' personal and healthcare needs. We understand that additional assistance may be required, and

that is ok - it is the

reason we are here.

#### www.aboutcare.biz

#### Contact us to learn more.

Up & About Care provides a full spectrum of daily services in our Assisted Living Facility that help everyone live a life full of dignity, purpose, and respect.

We listen to the needs of our residents in order to understand their limitations and discuss potential solutions





Available online or in-person.

#### Great Beginings Start Here.

Our mission is to provide superior care with delicious home cooked meals and a healthy lifestyle to help everyone live their best life. We understand how important peace of mind is when it comes to a loved one who needs additional care, which is why we encourage and value family suggestions and requests.

Healthcare experience you can rest assured knowing your loved one is well cared for in our secure facility.







